

**About Track 1**

Track 1 is designed for clients who already have an idea or vision about their future careers. These questions and topics are meant to aid you in narrowing down your client's career focus and help identify related skills.

**Questions to ask your client**

- What do you want to do for a job/career?
- Where are you in the internship/job search process? Have you started applying?
- What skills do you already have that will help you in this career?
- What soft skills are you hoping to gain/learn more about?
  - Define what soft skills are (e.g., public speaking)
  - Provide insight on skills that are important to your job/workplace.
- S.M.A.R.T. goals – Specific, Measurable, Achievable, Relevant, Timebound
- What position do you want to be in when you retire?
- What are your long-term goals?

**Guiding topics (coaches share)**

- Share about your interests and how it led you to your current career.
- Talk about how you chose your college and what kind of things you got involved in.